

This pamphlet was created by the Idaho State Department of Education.



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For additional resources and supporting materials for this pamphlet please visit:

[Mindful Minutes: Helping Your Child Learn Through Everyday Moments](#)

Mindful Minutes: Helping Your Child Learn Through Everyday Moments

Children who connect their life experiences to learning build knowledge of the world to use during reading.



READING THE WORLD

Interactions Support Building Meaning for Reading Comprehension

Resources to Support Everyday Reading

You can support your student with reading needs by downloading an app, reading a book, or visiting a website to learn more. It only takes a moment!

APPS & ASSISTIVE TECHNOLOGY (AT)



[Expeditions](#)

Expeditions explore history, science, the arts, and the natural world. Whether you're roaming with dinosaurs or taking a look at Renaissance sculptures, there's something amazing to explore for every subject. (K-Grade 12)

BOOKS



"A River" by Marc Martin (PK-Grade 3)

"The Biggest Puddle in the World" by Mark Lee (PK-Grade 2)

"Over in a River: Flowing Out to the Sea" by Marianne Berkes (PK-Grade 1)

WEBSITES



[Understood: 7 Ways To Boost Your Child's Vocabulary](http://www.understood.org)
www.understood.org

[Reading Rockets: Building Your Child's Vocabulary](http://www.readingrockets.org)
www.readingrockets.org

MINDFUL MINUTE

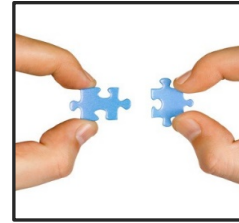


Reading the World: Interactions Support Building Meaning for Reading Comprehension

[Reading the World](#)

Three Ways to Build Meaning Through Interactions

1. CONNECT



Connect to real life experiences.

Watch the yellow triangle. That means we are turning the water off.

When the water is little the water moves to the farms.

2. SUPPORT



Support vocabulary development by helping your child read difficult words.

This is a big word, hydroelectric.

Listen to me say it. Now you say it.

3. BUILD



Build knowledge from what your child already knows.

What else grows on farms?

Where did the water go?