

This pamphlet was created by the Idaho State Department of Education.



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For additional resources and supporting materials for this pamphlet please visit:

[Mindful Minutes: Helping Your Child Learn Through Everyday Moments](#)

Mindful Minutes: Helping Your Child Learn Through Everyday Moments

One of the most important skills children must have to be a successful reader is the ability to hear sounds and play with words.



PLAYING WITH SOUNDS

Singing and Rhyming Support the Development of Early Reading Skills

Resources to Support Everyday Reading

You can support your student with reading needs by downloading an app, reading a book, or visiting a website to learn more. It only takes a moment!

APPS & ASSISTIVE TECHNOLOGY (AT)



[Rhyming Words](#)

This interactive app helps individuals identify the different sounds that make up words in a fun and engaging way by providing rhyming activities. (PK-Grade 1)

BOOKS



“Polar Bear, Polar Bear, What Do You Hear?” by Bill Martin (PK-Grade 2)

“Tap, Tap, Bang, Bang” by Emma Garcia and the rest of the similarly titled series (PK to K)

“Down by the Bay” by Raffi (PK-Grade 3)

WEBSITES



[Nursery Rhymes: Not Just for Babies!](#)

www.readingrockets.org

[Sing, Talk, Read, Write, Play: Building Literacy Skills](#)

www.carnegielibrary.org

MINDFUL MINUTE



Playing with Sounds: Singing and Rhyming Support the Development of Early Literacy Skills

[Playing with Sounds](#)

Three Activities to Develop Early Literacy Skills

1. SING



Sing silly or real songs with your child.

I like to eat eat eat ee-pples and bee-nee-nees.

2. RHYME



Say simple rhymes with real words or make believe words.

Cat-hat-blat

Wog-dog-vog

3. PLAY



Play with words by changing or taking out sounds.

I like to ote ote ote opples and bo-no-nos