Important Steps
FOR SELF-ADVOCACY

1. REVIEW
   Make sure you understand your school's system of supports and services. And, where you fit within it.

2. RECORD
   Take notes on communications between school staff and you.

3. REQUEST
   Seek help from those who have similar experiences. Like advocacy groups or peers.

4. REFER
   Help others better understand your strengths, learning challenges, and instructional needs.

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