

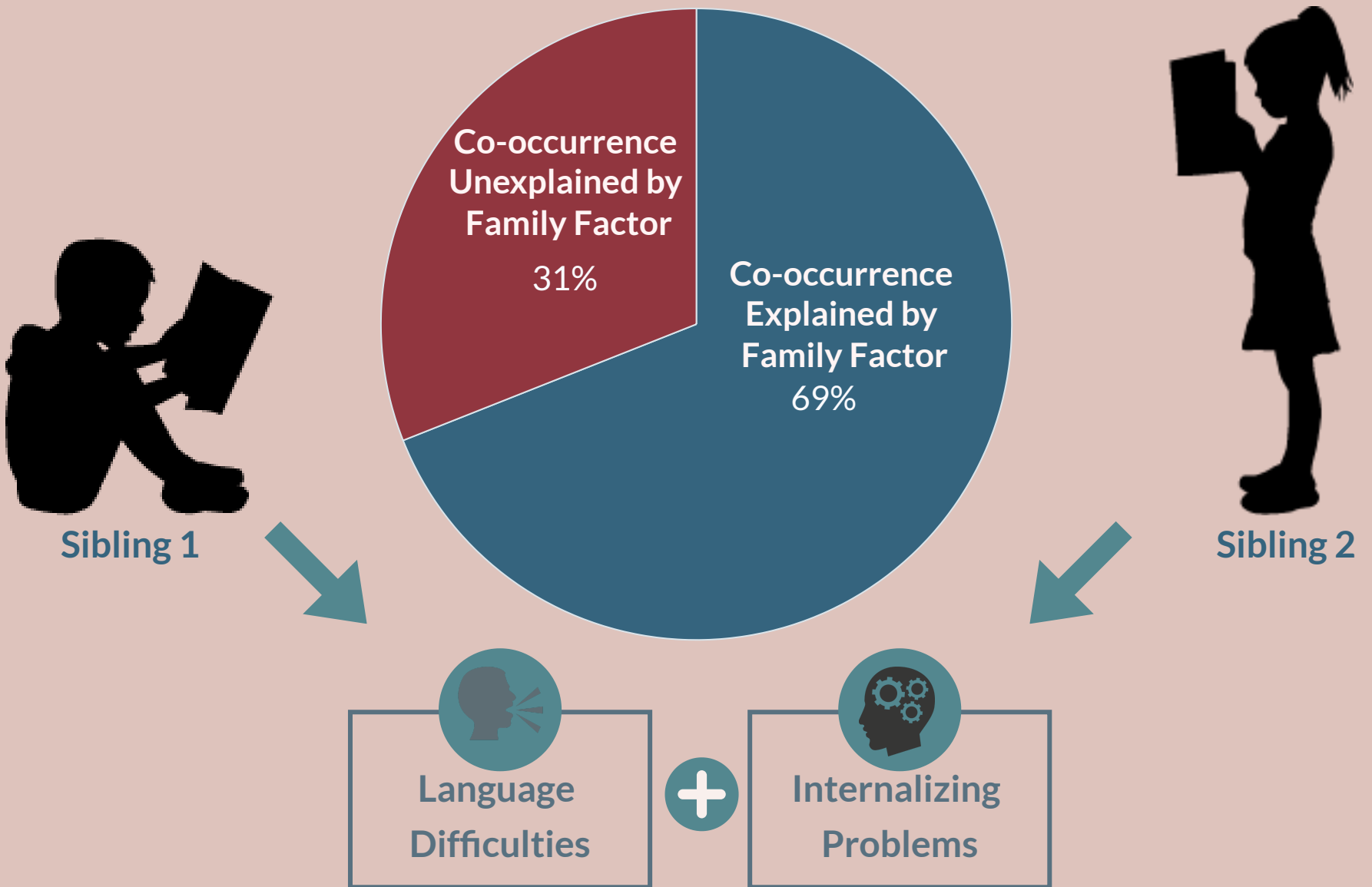
A Common Family Factor Underlying Language Difficulties and Internalizing Problems: Findings From a Population-Based Sibling Study



Adapted from

Helland, S.S., Roysamb, E., Brandlistuen, R.E., Melby-Lervag, M., & Gustavson, K. (2020). A common family factor underlying language difficulties and internalizing problems: Findings from a population-based sibling study. *Journal of Learning Disabilities* 53(5), 399-409. DOI: 10.1177/0022219420911634

The Common Family Factor



Language difficulties and internalizing problems, such as anxiety and depression, often co-occur in children, but it is not known why.

This Norwegian Mother, Father and Child Cohort Study (MoBa) followed Norwegian siblings from age 5 to 8.

The co-occurrence of language difficulties and internalizing problems is mainly due to family factors (e.g., genetics, shared environment) as opposed to non-familial factors.

The degree to which family factors contributed to language difficulties and internalizing problems did not change from age 5 to age 8.