Help your child practice speech sounds and letters during everyday life.

At the grocery store, say what you need in syllables and let your child guess. For example, “I need peppers. What do I need?”

At the laundromat, sort clothes together into colors or item type while naming them aloud. Think of other words that start with the same sound as what you are sorting.

When traveling, look for letters on signs you see. Find ones that have a letter in your name and say its sound.

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