Supporting Students with Reading Needs

Cooking with a recipe teaches children to follow directions in order and supports reading comprehension.

COOKING UP UNDERSTANDING
Simple Interactions Can Build Reading Skills

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For additional resources and supporting materials for this pamphlet please visit:
Supporting Students with Reading Needs
Resources to Support Everyday Reading

APPs & ASSISTIVE TECHNOLOGY (AT)
Issa’s Edible Adventures
Is your little one an aspiring chef? Download Issa’s Edible Adventures today and explore the excitement of a working restaurant kitchen while learning about foods from around the world! (PK-Grade 1)

BOOKS
“Thank You Omu!” by Oge Mora (PK-Grade 2)
“Stone Soup” by Marcia Brown (K-Grade 4)
“The True Story of the 3 Little Pigs” by Jon Scieszka (rhymes with Fresca) (Grade 1 up)

WEBSITES
Comprehension
www.readingrockets.org
5 Great Reasons to Cook with Your Kids
www.healthychildren.org

MINDFUL MINUTE
Cooking Up Understanding: Simple Interactions Can Build Reading Skills

Three Steps to Build Reading Skills

1. PREVIEW
Preview what will be in the text before you start reading together.
I don’t think we have two cups of all these ingredients.

2. DISCUSS
Discuss what is happening in the text during reading.
The first ingredient is raisins.

3. SUMMARIZE
Summarize or tell what happened in the story after reading.
So we added our ingredients and mixed them together.